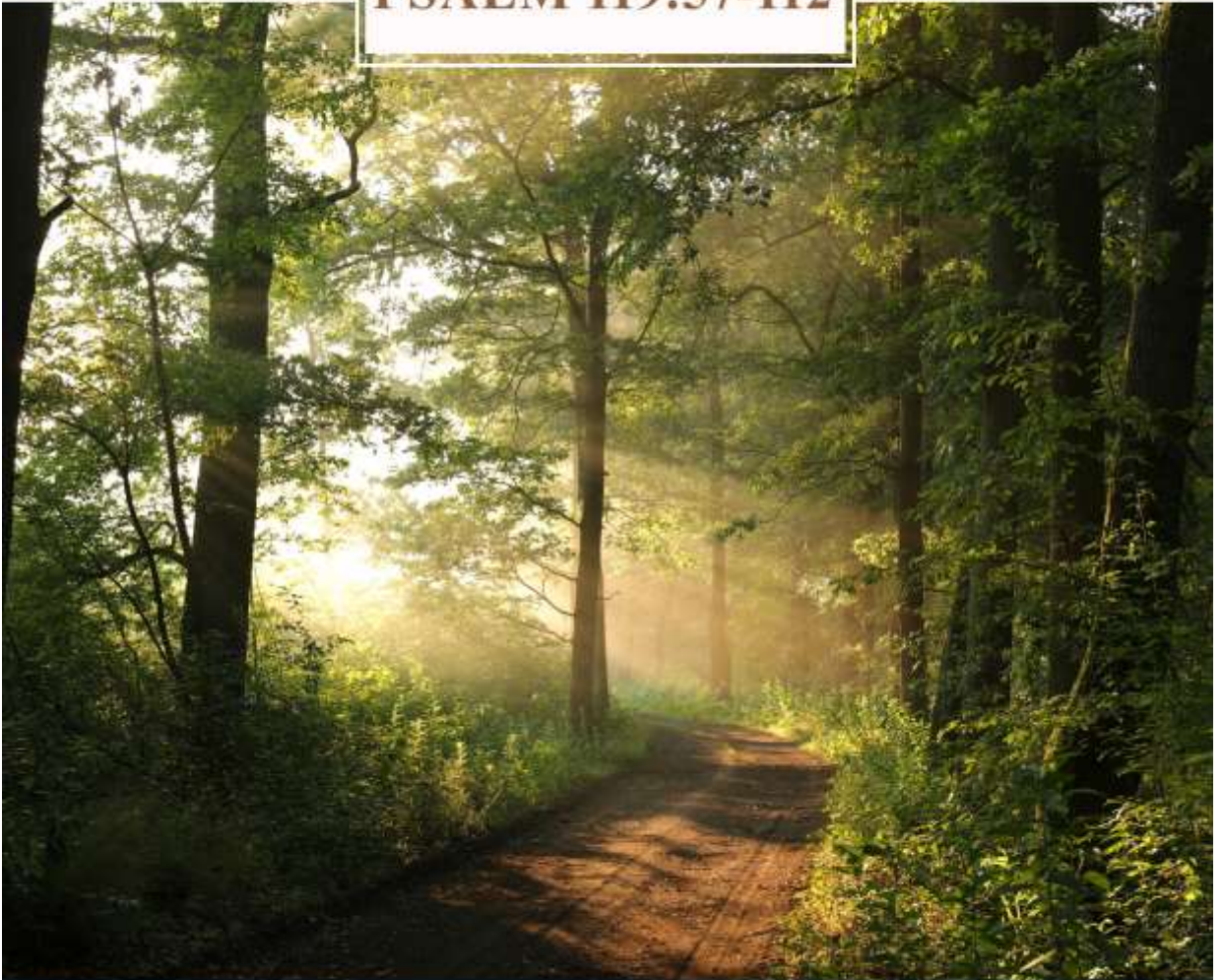


**NEW UPDATED INFORMATION**

**2023/2024 WOMEN'S BIBLE STUDY**

**2ND YEAR OF A 3-YEAR BIBLE STUDY**

**PSALM 119:57-112**



**Your word is a lamp to my feet  
and a light to my path.**

**Psalm 119:105**

**“You are my portion, O Lord; I have said that I would keep Your words.” Psalm 119:57**

**“But I delight in Your law. It is good for me that I have been afflicted, that I may learn Your statutes. The law of Your mouth is better to me than thousands of coins of gold and silver.”**

**Psalm 119:70-72**

“The psalmist regularly affirms his delight with the Law. This is not the delight of a passive observer, but the delight of a disciple who has staked his life and security on a cause or principle. The psalmist maintains this type of complete commitment to the Law, which he consistently values over material wealth.”

**“Forever, O Lord, Your word is settled in heaven. Your faithfulness endures to all generations; You established the earth, and it abides.” Psalm 119:89-90**

**“Your word is a lamp to my feet and a light to my path.” Psalm 119:105**

“A walk in the woods at night makes it obvious that a light is necessary to prevent one from tripping over tree roots or falling in holes. In this life, we walk through a dark forest of evil in a world that has turned its back on God. But the Bible can be our light to show us the way ahead so we won’t stumble as we walk. It reveals the entangling roots of false values and philosophies. Study the Bible so you can see your way clear enough to stay on the right path.”

**“Your testimonies I have taken as a heritage forever, for they are the rejoicing of my heart. I have inclined my heart to perform Your statutes forever, to the very end.”**

**Psalm 119:111-112**

# Women's Ministry Bible Study On Psalm 119:57-112

## Introduction Night September 19th, 2023

**This Schedule is for the Introduction Night Only:**

- 6:45 PM:** Doors Open  
**7:15-7:45 PM:** Welcome & Worship  
**7:45-8:00 PM:** Overview of Psalm 119:57-112– Cathy Focht  
**8:00-8:45 PM:** Bible Study & Outreach Information and meet the Group Leaders  
**8:45-10:00 PM:** Fellowship in the Koinonia Café

## Dates, Homework, Speakers & Schedule

### Women's Ministry Once-A-Month Bible Study

We will meet on the following Tuesday evenings, below are the dates, homework, speakers and schedule. **Read the speakers' bios on pages 7-10.**

<b>October 24th</b>	Psalm 119:57-64	Charlene Abrams
<b>November 14th</b>	Psalm 119:65-72	Sandy MacIntosh
<b>December 5th</b>	Psalm 119:73-80	Carol Wild
<b>January 16th</b>	Psalm 119:81-88	Nan Darway
<b>February 13th</b>	Psalm 119:89-96	Mary Thompson
<b>March 12th</b>	Psalm 119:97-104	Deb O'Brien
<b>No April Study</b>		
<b>May 14th</b>	Psalm 119:105-112	Joe Focht

### Schedule

- 6:45 PM:** Doors Open  
**7:15-7:40 PM:** Welcome & Worship  
**7:40-8:10 PM:** Teaching  
**8:10-8:50 PM:** Small Group Discussion  
**8:50-9:00 PM:** Prayer  
**9:00-10:00 PM:** Fellowship in the Koinonia Cafe

## Women's Ministry Bible Study On Psalm 119:57-112

**We invite ladies, Jr. High age and older to attend:** The Studies are held once-a-month on Tuesday evenings from September to May (no April Study).

**We are sorry, but no childcare will be provided and children are not permitted to attend with the exception of infants not yet crawling whose Moms will only be able to attend the Moms' Group in the Jr. High Room.**

**The Study will not be live-streamed:** All of the Studies will be posted on the church website and app. Go to [resources.ccphilly.org](http://resources.ccphilly.org) and click on Women's Ministry.

**Small Discussion Groups:** After the teaching, we will have Small Discussion Groups that meet in various locations to discuss what God spoke to our hearts about the verses we studied that month and to pray together.

**Ladies who HAVE signed up to be in the same Small Discussion Group each month:** If you went to a group and signed your name on the Sign-Up Sheet so you could be in that same group each month, you may go directly to that group after the teaching.

- If you signed up to be in a group and you are no longer able to attend the Bible Study regularly, please email Women's Ministry and let us know so we can remove your name from the Sign-Up Sheet. You can email us at [womensministry@ccphilly.org](mailto:womensministry@ccphilly.org) or call us at 215-969-1647.

**Important! New Information: For ladies who HAVE NOT signed up to be in a Small Discussion Group:** At the October Bible Study, we had a large number of ladies trying to find seats at the tables and could not find seats. So we have made a better way to help you find a seat instead of trying to find one yourself.

- After the teaching, if you would like to be placed in a Small Discussion Group, please go to the Center Kiosk in the front foyer.
- The Hostesses at the Center Kiosk will have the group lists with the groups that have seats available. Some of the groups are full already so the Hostesses will show you a map of the groups that have seats available and will direct you to one of these groups.
- Once you get to the group, you will then have the opportunity to sign up to be in that group. Each group will have an optional Sign-Up Sheet that you can put your name on if you want to stay in that group. You do not have to sign up, but that is the only way that you are guaranteed a spot in that group each month. **If you choose to not sign up, you will need to go to the Center Kiosk each month to find out where there are seats available.**
- In order to sign up, you must come to the Study and sign up in person, you cannot have a friend sign up for you and you cannot call or email us to sign up.
- When the Sign-Up Sheet for a group is filled up, that group will be full and no one else can join that group.

## We will have 11 Regular Small Discussion Groups and 2 Additional Small Discussion Groups

### 2 Additional Small Discussion Groups that we are offering:

**Important! New Information:** We did not have enough ladies who wanted to be in the Cancer Group or the Single Moms' Group so we have turned them into Regular Small Discussion Groups. So we will have 11 Regular Small Discussion Groups and 2 Additional Small Discussion Groups– The Moms & Moms with infants not yet crawling Group and the Widows' Group. If this is your first time attending and you would like to be in one of these groups, you must go to the Center Kiosk first to see if there is room in these groups. If so, the Hostesses will place you in the group. Both groups will now have Sign-Up Sheets that you can write your name on if you decide you would like to go to this group each month. **If you choose not to sign up, you will need to go to the Center Kiosk each month to find out where there are seats available.**

### Moms & Moms with infants not yet crawling Group and the Widows Group:

You do not need to go to these groups, you can choose to go to a Regular Discussion Group. These groups are not support groups, they will be studying Psalm 119:57-112 together just as the other groups are.

**1. Discussion Group for Moms & Moms with infants not yet crawling:** If you are a Mom and would like to be in a discussion group to meet other Moms, we are offering this group to you. If you are a Mom with an infant, not yet crawling, you may bring your baby to the Bible Study in the Sanctuary and to this discussion group. If you bring your infant, we do ask that you only join the Moms' discussion group.

We will have a section reserved for you in the Sanctuary and you may bring your strollers. If you are in the Sanctuary with your baby during the Study and your baby gets fussy or needs to be fed, please take him/her out of the Sanctuary. We have provided the Jr. High Room for you to nurse/feed your baby with a closed circuit TV where you can continue to watch the Study live. **No other children except infants not yet crawling will be permitted to attend and no childcare is provided so you will need to keep your baby with you. This is the only group that allows you to bring your infant with you.** This group will meet in the Jr. High Room.

**2. Discussion Group for Widows:** If you are a widow and would like to be in a discussion group to meet other widows and to encourage one another through this season of life, we are offering this group to you. This group will meet in the Koinonia Room.

## Homework

### There are 2 Required Resources for the Study this year:

1. **Your Bible** - a Study Bible is also a great resource if you have one.
2. **“Walking in His Ways Psalm 119: Scripture Writing Journal”** This is the same journal that we used last year and we will also be using it again next year when we finish Psalm 119. If you haven't purchased it yet, it is for sale in the Bookstore for \$5.00.

### Optional, Not Required, Study Resources if you would like to use them:

Here are some other good resources on Psalm 119:

- **“The Golden Alphabet”** by Charles Spurgeon - a commentary on Psalm 119; it is for sale in the Bookstore for \$12.00.  
**New Resource!** This commentary is also available as an audiobook on audible.com.
- We will be giving you 2 commentary pamphlets on Psalm 119 when you come to the Study: **“Exploring Psalms Volume 2: An Expository Commentary”** by John Phillips, the chapter on Psalm 119:105-112 called “The Lamp” and **“Treasures in the Psalms”** by Henry Morris.
- Pastor Joe Focht on Psalm 119 - listen on the church app or website. Go to **resources.ccphilly.org** and click on Teaching Library.
- Blue Letter Bible– [blueletterbible.org](http://blueletterbible.org) - it provides online tools helpful for studying the Bible.

### Homework:

**If you are attending the Study for the first time, read the Introduction in the Psalm 119 Journal.** This Scripture writing journal might be a new way of studying the Word for some of you. In this Introduction, you will find helpful tips and suggestions for Scripture writing, but the overall intention of this journal is to be a flexible and practical tool to help you develop your own system of writing Scripture. The Scripture writing journal is divided into 22 stanzas of 8 verses each. There are 3 pages in the journal to write your thoughts about each stanza, but if you need more pages to write your notes as you Study, you can use another notebook or journal to go along with this one. You do not need to limit yourself to just those 3 pages. The sample journal entry is just that, only a sample. You do not have to write out all the verses and then study them, you can write them out one at a time and put your thoughts under each one.

## Homework

This is your own personal journal for you to share what God showed you if you choose to be in a discussion group. Or you can use this journal for your own personal study or do it with friends.

### Some suggestions as you study each month:

1. Pray and ask the Lord to speak to you through His Word.
2. Read the 8 verses in the Bible we will be studying each month. Take your time and meditate on each verse, and let God speak to you personally.
3. Put the date at the top of the page in your journal, this will help you remember what God told you on the date you studied it. You do not need to journal every day if you're busy, just continue the next day that you have time.
4. Write out in your journal the first verse of the 8 verses you are studying. Writing out the verse will help you remember it and maybe even memorize it.
5. On the verse you just wrote in your journal, you could highlight, underline, or circle any words or parts of the verse that have particular meaning to you. You can also look up definitions of the words. A Study Bible is a great tool because it has footnotes and cross references that will help you learn more about each verse. Write the things that God shows you in your journal.
6. Asking yourself questions or praying about what the verse says helps you apply the Word to your life. For example: Psalm 119:2 says, "Blessed are those who keep His testimonies, who seek Him with the whole heart!" Question: "Lord, do I seek you with my whole heart? Prayer: "Please help me seek you more!"
7. Repeat the same things with the other 7 verses.

## Additional Information

**Parking & Entering the Building:** Please park in the front parking lot and enter through the main front doors. If you cannot do steps, please park on the Philmont Avenue side of the building and use the Handicapped Entrance.

**Check out our website:** Additional information will be on our website at [ccphilly.org/womensministry/biblestudy](http://ccphilly.org/womensministry/biblestudy)

**Cancellation Information:** In the event of inclement weather, please check the church website at [www.ccphilly.org](http://www.ccphilly.org) for cancellation information.

**Any Questions:** Email Women's Ministry at [womensministry@ccphilly.org](mailto:womensministry@ccphilly.org) or call 215-969-1647.

## Speaker Biographies



### Charlene Abrams

Calvary Chapel Word of Life - Philadelphia, PA

Charlene was born in Philadelphia, PA and raised in a Christian home. She accepted the Lord as her personal savior at an early age. Music ministry was the gateway to Charlene's involvement in church. She sang at Wagner Jr. High School choir as a teen and returned to record with the Wagner Alumni Recording Choir after graduating college. In her early 20's the Lord gave her a heart for missions and clearly revealed to her that she would be supporting ministries that had a heart for broken and downtrodden people. Not knowing what that meant, but always clearly remembering, the Lord was preparing her for the work to come.

Years later she experienced a mission trip to Mexico, which opened her heart to urban missions. In the process of time, Charlene met her husband, Mark, and they served together in an urban mission field doing various outreaches to the needy.

Charlene is a recurrent breast cancer survivor. Most recently completing chemotherapy for the second time in 2023. The Lord has allowed her to recover from treatments to continue His work in the ministry. In His sovereignty, she was planted in clinical research in the Oncology division at Janssen Research a division of Johnson & Johnson after the first diagnosis. As a Christian clinical researcher in science, God has afforded her the opportunity to better understand the medical details and terminology of cancer treatments and has given her a passion for being a patient advocate for those diagnosed and suffering through cancer treatments.

Charlene is the wife of Mark Abrams, Sr., Pastor of Calvary Chapel Word of Life in Philadelphia, where she oversees the Women's Ministry and sings on the worship team. She is a proud mom to son Mark Jr., daughter-in-law Indya and granddaughter Audrey.



## Speaker Biographies



### Sandy MacIntosh

MacIntosh Ministries - San Diego, CA

Sandy and her husband, Mike MacIntosh, have been happily married for 57 years. For 41 years, Mike faithfully pastored Horizon Christian Fellowship in San Diego where his son, Phillip, has now transitioned into that role. This new season of ministry is providing Mike and Sandy more opportunities to travel and equip the church worldwide, as well as reaching those who are hurting and lost. Sandy is an author, she has spoken evangelistically, and has been an encouragement to pastors' wives and women across the United States and internationally. She has 5 children, 21 grandchildren, and 12 great-grandchildren. The women of Calvary Chapel of Philadelphia have enjoyed Sandy's rich and inspiring teachings from the Word of God for many years.



### Carol Wild

Calvary Chapel Merritt Island - Merritt Island, FL

Carol Wild was born and raised in Gateshead, England. She and her husband, Malcolm, met and married before giving their lives to the Lord. She has been married for almost 56 years, and is the mother of three married children and has nine grandchildren. Her husband, Malcolm, is Senior Pastor at Calvary Chapel of Merritt Island in Florida.

Carol oversees the Women's Bible Study ministry at Calvary Chapel Merritt Island. Her heart is to minister to women whenever and wherever the Lord opens the door. She has led many Calvary Chapel women's retreats and conferences. Carol is responsible for the leadership of the East Coast Pastor's Wives ministry. She is a gracious and loving woman whose direct approach to the Scripture brings many practical gems to women of all ages. You will be blessed by her transparent honesty.

## Speaker Biographies



**Nanette Darway**

**Calvary Chapel of Philadelphia - Philadelphia, PA**

Nan and Chris met at a Philadelphia Studio while recording a jingle for “Kinney Shoes.” They later became bandmates and songwriters, recording 3 albums with RCA/WindSong Records. A love relationship ensued, their first son was born, and Nan’s Mom, Lynn Nuzzi, fasted and prayed for them to be saved! Nan was born-again in October 1983, her husband followed (in God’s time) and was saved in September 1994. It was a blessed event! They recently celebrated 43 years of marriage and have 2 wonderful sons, Bohdan and Lucas, and a precious daughter-in-law, Jennifer, (Luc’s wife).

Nan has been a member of SAG-AFTRA since 1971, recorded commercials, animated segments for Children’s Television Workshop, medical narrations, industrial films, interactive museum displays, and automatic stop announcements for SEPTA buses, elevated trains, and subways; but it pales in comparison to being a wife and mother, and her 22 years of ministry at Calvary Christian Academy H.S. as a drama teacher/director and choir director.

She currently serves in Senior High Ministry as a Small Group Leader, Women’s Ministry, and oversees the CC Philly Worship Choir. Nan gives all glory to God for the things He has done!

“Not unto us, O LORD, not unto us, but to Your name give glory, because of Your mercy, because of Your truth.” Psalm 115:1



**Mary Thompson**

**Calvary Chapel of Philadelphia - Philadelphia, PA**

Mary gave her life to the Lord at 18 years old. She felt led to attend Bible college, which was where she met her husband Kirk, who is now with the Lord. She has 2 children, Naomi and Josiah. They attended Calvary Christian Academy from the nursery through high school, and both recently obtained Masters degrees. Mary has been attending Calvary Chapel of Philadelphia for over 30 years, and also worked in the church office for 14 years. She has served in both Jr. High and Women’s Ministry. She holds a degree in Communications and currently works as a Sales Manager for Christ’s Home Retirement Community.

## Speaker Biographies



### Deb O'Brien

Calvary Chapel of Philadelphia - **Philadelphia, PA**

Deb was raised in a large Christian family and saved at the age of 5 in her Grandmother's VBS class. She was a Division 1 scholarship gymnast at Penn State (1985-'89). She participated in international missions trips with Campus Crusade for Christ/Athletes in Action throughout her early 20's. It was through these years that the Lord deeply captured her heart and she's lived her life surrendered to Him ever since.

Deb lived through the loss of her first husband of 11 years, and has been married to her second husband, Chris, for almost 17 years. She is the mother of 4 children, Josh (29), Samuel (26), Sarah (24), and Leah (14), plus 2 amazing daughter-in-laws, Tori and Gabrielle. She is also grandmother to her "grandbaby pets," Charlie, Eleonor, Zion, and Rosie.

After living through significant traumatic losses throughout her life, Deb has always had a heart to minister to other hurting hearts and point them to Jesus, their only Hope. As a result, she has served/participated in various ministry events in various church settings over the course of 30 years. Deb has worked a total of 15+ years in public and private school settings counseling students of all ages (elementary, middle school, and high school). She is a Professional Counselor and has spent the last 8 years working as a Christian Counselor in a private practice setting. Over the last several years, she has spent some time teaching and supervising graduate level counseling students at Cairn University, as well as Licensure candidate counselors in a private practice setting.



### Pastor Joe Focht

Calvary Chapel of Philadelphia - **Philadelphia, PA**

Calvary Chapel of Philadelphia began in 1981 when Pastor Joe Focht started a small Bible study in a catering hall. With a strong emphasis on teaching God's Word verse by verse, the church has grown to minister to approximately 12,000 people weekly with a variety of outreaches and ministries.

Pastor Joe currently teaches three Sunday morning services. His daily Bible teaching ministry, "Straight from the Heart," is heard in Philadelphia on 560 AM WFIL – 7:30AM weekdays.

In 40 years of ministry on the East Coast, Joe and his wife Cathy have seen their family grow from children to grandchildren while their spiritual family continues to grow.

## Outreach for CC Philly Word of Life



**Pastor Mark Abrams**

Calvary Chapel Word of Life was born out of a Bible Study in the YMCA in North Philadelphia led by Pastor Mark Abrams. This study was simply a group of believers coming together who had a hunger for the truth. The desire and emphasis of this ministry was to teach through the entire bible verse-by-verse, as Paul told those in Ephesus, "For I have not shunned to declare to you the whole counsel of God"

Acts 20:27. This small Bible study continued to grow as the Word of God was being taught and became a church plant.

Seeking to reach the community with the gospel, the Lord afforded this fellowship the privilege to do countless outreaches serving single moms, fatherless children and the homeless.

Calvary Chapel Word of Life has currently formulated a partnership with Self-Incorporated one of the city's largest homeless shelter agencies in the Philadelphia area. This partnership affords us countless opportunities to minister to the homeless population on long-term.

Calvary Chapel Word of Life considers itself a daughter church of Calvary Chapel of Philadelphia led by Senior Pastor Joe Focht. A ministry that God has been growing for over 40 years. They are also an affiliate of the international family of churches started by Pastor Chuck Smith known as the Calvary Chapel Movement. The simplicity of their story demonstrates the essence of what Calvary Chapel is about – no show, no gimmicks, no frills – just believers in Jesus Christ who gather to learn His Word, worship Him in song, seek Him in prayer and love one another. "And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers" Acts 2:42.

Women's Ministry will be collecting money for Calvary Chapel Word of Life for their outreaches and ministries to the people of Philadelphia. Donation boxes will be out at the Bible Study on the round kiosk. Last year we were able to give Calvary Chapel Word of Life \$1,442.00. Thank you for giving so generously! **For more information on Pastor Mark's ministry, go to [ccwordoflife.org](http://ccwordoflife.org).** Here is a 5-minute video about his ministry: <https://www.youtube.com/watch?v=gAAmhesH20M>.

## Outreach for CC Philly Word of Life



## Outreach for Life Turning Point of Philadelphia



**Rita Whitaker**  
**Executive Director**

Life Turning Point of Philadelphia was established in 2019 as a means to serve homeless women and children of Philadelphia. The program of Life Turning Point of Philadelphia is unique as it will provide a comprehensive, Bible-based, life-skills, training program for homeless women and children in the City of Philadelphia. Life Turning Point of Philadelphia provides shelter for homeless women and children for up to 18 months with a Biblical life-skills training program, while securing employment and permanent housing. This unique program will fortify our families for more robust self-sufficiency.

Statistics indicate that Philadelphia is among the “poorest” of the largest U.S. cities, with 23.3 percent of residents living in poverty. The families we serve are single parent, homeless women with children that come from a myriad of circumstances that have caused them to live below the poverty line. Some issues we face with these families are breaking the negative cycles in their lives, helping them to accept responsibility, and overcoming fear while finding the courage to face life with a new mindset. In addition to overcoming mental and emotional barriers, next, is the challenge of attaining affordable housing.

**Mission:** To teach single mothers how to restructure their lives according to Biblical truth and become self-sufficient, productive, members of society.

**Vision:** Transforming families to impact the world.

**Objectives:** “I pondered the direction of my life and turned to follow your laws.”  
Psalm 119:59.

- Self-reflection
- New direction
- Responsibility/Accountability
- Hope for change
- Willingness to do the work
- Self-sufficiency

**Strategy:** Each objective of our program, with the exception of Willingness to do work and Self-sufficiency, will be met through the following components of our ministry: Intake and interview process, Staff modeling Jesus Christ, Life Skill Bible Classes, Case Management, Counseling, Mentoring, Personal Assignments.

The strategy for Willingness to do the work and for Self-sufficiency are as follows:

Willingness to do the work: household responsibilities, job search, advanced education/training, personal assignments

Self-sufficiency: maintain employment, savings program, obtain housing

## Outreach for Life Turning Point of Philadelphia

### **Core Values:**

Bible-based - The teaching of Scripture is the final authority and standard for all we do. (Joshua 1:8)

Christ-centered - We seek to honor the Person and character of Christ in all we do. (Philippians 2:5)

Integrity - We seek to be trustworthy, by doing the right thing when nobody is looking. (Colossians 3:22)

Commitment - We are committed to love GOD and treat others the way we want to be treated. (Matthew 22:37-39)

Humility - We seek to walk in humility before GOD and with our fellow man. (James 4:6)

Excellence - In all we do, we seek to give GOD our best. (Colossians 3:23)

Unity - We are unified around one common goal: the furtherance of the Gospel of Christ and His Kingdom. (Philippians 1:27)

Responsible - We must be wise, honest, and accountable with the resources entrusted to us. (Luke 16:11)

Distinctive - We will be who GOD called us to be and not conform to the standards of the world. (Romans 12:2)

Rita Whitaker, the Executive Director, spoke at our Calvary Chapel of Philadelphia Missions Conference this year. **To find out more information about their ministry, you can go to their website: [ltpphilly.org](http://ltpphilly.org).** They are located at: 5200 Wayne Ave. Philadelphia, PA 19144. **Women's Ministry will be working with Life Turning Point of Philadelphia, more details will be available at the Bible Study.**



*Unless Your law had been my delight,  
I would then have perished in my affliction.  
I will never forget Your precepts,  
For by them You have given me life.*

*Psalm 119:92-93*

